

Maine Board of Osteopathic Licensure
142 SHS, 161 Capitol Street Augusta, ME 04333-0142
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Board Meeting Minutes
June 12, 2025 9:34 AM to 1:22 PM

Members Present: Lisa Ryan, DO, Vice-Chair; John Brewer, DO; Board Secretary; Gust Stringos, DO; Dennis Smith, Public Member; Peter Michaud, JD, RN, Public Member; Paul Vinsel, DO; Amelia Hersey, PA-C; Mary-Anne Ponti, RN; Melissa Michaud, PA-C

Members Absent: Brian Gillis, DO; Christine Munroe, DO

Others Present: Rachel MacArthur, Executive Secretary; Faith McLaughlin, Consumer Assistance Specialist; Lisa Wilson, Esq., Asst Attorney General; Det. Lauren Edstrom, Attorney General's Office

Complaint and investigative reviews are held in Public Session without the use of any names unless otherwise noted.

1. COMPLAINTS/INVESTIGATIONS/COMPLIANCE

COMPLAINTS

A. 2023-57 Case Reporter: Dr. Ryan

Following review and discussion, the following action was taken by the Board:

MOTION: Dismiss with Letter of Guidance

Made by: Mr. Michaud

Seconded by: Ms. Michaud

Voted: Passed 8 – 1; Case Reporter did not vote.

B. 2023-69 Case Reporter: Dr. Vinsel

Following review and discussion, the following action was taken by the Board:

MOTION: Table for additional contact attempts.

Made by: Ms. Michaud

Seconded by: Mr. Smith

Voted: Passed unanimously; Case Reporter did not vote.

C. 2024-14 Case Reporter: Dr. Munroe

Mr. Smith gave this matter's synopsis. Following extensive review and discussion, the following action was taken by the Board:

MOTION: Table matter for further information.

Made by: Dr. Ryan

Seconded by: Dr. Brewer

Voted: Passed unanimously; Mr. Smith did not vote.

D. 2024-35 Case Reporter: Mr. Michaud

Dr. Ryan recused herself for this matter. Following review and discussion, the following action was taken by the Board:

MOTION: Dismiss with a positive Letter of Guidance.

Made by: Ms. Michaud

Seconded by: Mr. Smith

Voted: Passed unanimously; Case Reporter did not vote.

Dr. Ryan returned to the meeting.

- E. **2024-49 Case Reporter: Dr. Ryan**
Following review and discussion, the following action was taken by the Board:
MOTION: Dismiss, as it does not rise to the level of Board action.
Made by: Dr. Vinsel Seconded by: Mr. Michaud
Voted: Passed unanimously; Case Reporter did not vote.
- F. **2024-53 Case Reporter: Dr. Vinsel**
Following review and discussion, the following action was taken by the Board:
MOTION: Dismiss, as it does not rise to the level of Board action.
Made by: Dr. Brewer Seconded by: Dr. Stringos
Voted: Passed unanimously; Case Reporter did not vote.
- G. **2025-2 Case Reporter: Dr. Ryan**
Following review and discussion, the following action was taken by the Board:
MOTION: Dismiss, as it does not rise to the level of Board action.
Made by: Mr. Smith Seconded by: Dr. Stringos
Voted: Passed unanimously; Case Reporter did not vote.

INVESTIGATIONS

- H. **2022-45 Case Reporter: Dr. Ryan**
Following review and discussion, the following action was taken by the Board:
MOTION: Table this investigation until the appeal is resolved.
Made by: Mr. Michaud Seconded by: Dr. Stringos
Voted: Passed unanimously; Case Reporter did not vote.

COMPLIANCE

- I. **2024-44 Case Reporter: Dr. Vinsel**
This was provided as an FYI update on Interim Consent Agreement.
- J. **2025-16 Case Reporter: Mr. Smith**
Following review and discussion, the following action was taken by the Board:
MOTION: Request a psychology/substance abuse evaluation of the licensee.
Made By: Mr. Smith Seconded: Ms. Michaud
Voted: Passed unanimously; Ms. Ponti and the Case Reporter abstained.

2. MINUTES & EXPENSE REPORTS

- A. **May 2025 Meeting Minutes**
MOTION: Approve May's meeting minutes as written.
Made by: Dr. Ryan Seconded by: Dr. Vinsel
Voted: Unanimous; Ms. Ponti and Ms. Michaud abstained, as they did not attend last month.

3. LICENSURE MATTERS

A. Review of Permanent Licensure Applications:

Zachary Abbott, DO	Chia-Chen Chuang, DO	John Matulis, DO
Jodi Adler, DO	Michael DeCarolus, DO	Keating Pepper, DO
Brett Armstrong, DO	Jessica Gale, DO	Katie Polakowski, DO
Aaron Brown, DO	Shannon Gallagher, DO	Zethariah Zielinski, DO
William Bushey, DO	Gared Glavin, DO	
Courtney Cabaniss, DO	Elizabeth Johnsen, DO	

MOTION: Approve the above licenses

Made By: Dr. Ryan

Seconded: Dr. Vinsel

Voted: Passed unanimously

Hania Bednarski, DO

Board has concerns regarding the type of medicine that the licensee will be practicing, and requested clarification.

MOTION: Table the application and invite the licensee to attend the next meeting by Zoom to explain her practice.

Made By: Mr. Smith

Seconded: Dr. Brewer

Voted: Passed unanimously

Gregory Carbonella, DO

This licensee's reference page had date errors.

MOTION: Approve license once clarification received.

Made By: Dr. Ryan

Seconded: Dr. Stringos

Voted: Passed unanimously

Kathryn Cawley, DO

There was concern about the licensee still in residency until 2027; per Board statute, she is allowed to apply for licensure.

MOTION: Approve the above license

Made By: Dr. Ryan

Seconded: Dr. Vinsel

Voted: Passed unanimously

Andrew Novick, DO

There was a question regarding the teleneurology; Dr. Vinsel & Dr. Stringos assured that this was appropriate.

MOTION: Approve the above license

Made By: Dr. Brewer

Seconded: Dr. Stringos

Voted: Passed unanimously

Sheila Rao, DO

This licensee's application was missing one page; okay to approve once page received.

MOTION: Approve the above license once page received.

Made By: Mr. Smith

Seconded: Mr. Michaud

Voted: Passed unanimously

Brian Rueter, DO

The licensee's application indicated a criminal charge, more information required.

MOTION: Table the application and contact licensee regarding this charge, requesting information.

Made By: Ms. Michaud

Seconded: Dr. Brewer

Voted: Passed unanimously

Gilbert Smith, DO

There was a concern regarding telepsychiatry; this is appropriate.

MOTION: Approve the above license

Made By: Dr. Brewer

Seconded: Mr. Michaud

Voted: Passed unanimously

4. **OTHER BUSINESS**

A. **Consumer Feedback; Adjudicatory Hearing, Consent Agreement**

The Board requested an update on Hearings next month.

B. **Chap 1 Rule DRAFT**

This was an FYI for future rulemaking, and comments may be sent to Ms. MacArthur.

C. **A. P. – Self-Report**

The Board took no action on this report but requested staff to mark the licensee's file for her next renewal.

D. **Merger Workgroup Update**

An update on the Workgroup. Dr. Ryan will present on this at the MOA conference.

5. **ADJOURNMENT**

A. **MOTION:** to adjourn was brought at 1:21 PM.

Made by: Mr. Smith Seconded by: Dr. Brewer

Voted: Passed unanimously.

Respectfully submitted,



Rachel MacArthur, Executive Secretary